April 30, 2017

www.optimistclubofarlingtonva.org

The Optimist Monthly Friend of Youth

Upcoming Events

<u>May</u>

5/03: Four Strategies to

Overcome Stress and Anxiety
in Your Life. Speaker Brian R.

McDonald, PhD., will give us
(for free) his extraordinary
lecture. Thank you, Stephen

Toth for donating this lecture to
our Club. WGCC at 12:15.

<u>Solution</u> <u>Solution</u>

5/24: Meet 'n' Greet . 6:00 to 7:30 at the Westin Arlington



<u>April</u>

4/05: Training Future Leaders: Lisa Fikes, Director of Volunteer Arlington at the Leadership Center for Excellence, explained her group's mission of providing a clearing house matching volunteers with Arlington organizations that need volunteers. Thank you, Mark Zetlin, for asking Lisa to speak to us.



<u>JB Whitlow</u> entertains speaker Lisa Fikes (center), while her assistant looks on.

Gateway, 801 N. Glebe Rd.

Note that the Westin has removed the hour limitations and will validate free parking for the Optimist members of our Meet 'n' Greet Happy Hour gatherings.

June

6/07: Scholarship luncheon.
Thank you, Gerry Marosek, for chairing this year's program, which again provides four special Arlington high school graduates with a substantial contribution toward their college tuition. WGCC at 12:15.

6/07: Better Sports Club of
Arlington Annual Dinner. The
Optimist Club has actively
supported this worthwhile
organization by purchasing one
of the larger trophies and
placing an ad in their dinner
program. This year's banquet
is being chaired by Jim Norris.
Our Optimist ad is being

4/19: The Optimist Essay Contest
winners! Thank you, Erica Burson, for
once again managing this important
Optimist program. Thanks to Linda
Chandler and Mark Whitenton for
helping with the judging. The Essay
Contest winners are:



First Place: Malia Stephens, above, a junior at Bishop O'Connell HS.

Second Place: Ana Rousseva, below, a junior at Washington-Lee HS.



updated by <u>Sandy Bushue</u>.

Tickets are again \$40 per
person. Knights of Columbus.

6/21: TBA.

6/28:: Meet 'n' Greet . Westin Arlington Gateway, 801 N. Glebe Rd. 6:00 -7:30.

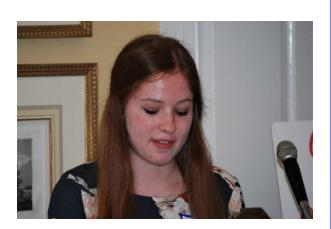
July

7/05: TBA.

7/19: Coaches Night. Once again, John Karinshak will be chairing this annual tribute to the coaches of the youth sporting teams supported by our Club. Location TBA.



Third Place: Kate Burkholder, below, a senior at Yorktown HS.



4/21: Optimist Gala at WGCC.

President Mark Zetlin reinstituted the annual Optimist Gala to provide an upscale opportunity for Club members to socialize. Thank you, Jim Norris, for chairing this event. See Appendix of Gala photos accompanying this

<u>4/26: Meet 'n'n Greet</u>. Aagain held at the Westin Arlington Gateway during their Happy Hour.

newsletter.

Arlington Optimist Club 16-005 Mid-Atlantic Region 3 Capital- Virginia District 16Northern Virginia Zone 4 Arlington Optimist Club 005www.optimistclubofarlingtonva.org